



# SAMPARK

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LORETO COLLEGE COMMUNITY OUTREACH E-MAGAZINE

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# EDITORIAL

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**"The Community Outreach e-Magazine serves as the voice of Loreto College, eloquently highlighting its commitment to social responsibility by documenting the breadth of work carried out through its outreach initiatives. It not only showcases the College's numerous efforts and achievements but also reflects the transformative impact of these activities on both the community and the students. In doing so, it stands as a testament to Loreto's enduring vision of service and engagement."**

## The Outreach

**Community outreach program brings confidence and strength to all the people as they develop their skills and gain experience. Great works for the community by the college students are not meant to be kept in folders; they need to be written, recorded, and shared so that more people get inspired and participate.**

**It's a great experience and inspiration working with people from different socio-economic backgrounds and knowing that their participation is a significant one, and it is brought to the society, it gives immense joy to them.**

**The visibility of our initiatives and actions is very much necessary.**

**The community outreach e-magazine plays a vital role in bridging the gap between organizations and the people they serve. It provides a cost-effective platform to share timely information, raise awareness on key issues, and encourage participation in community initiatives. By showcasing local voices, stories, and achievements, it not only empowers individuals but also strengthens trust and collaboration among stakeholders. Beyond communication, it acts as a record of progress and impact, fostering transparency and long-term engagement. In essence, such an e-magazine informs, connects, and inspires communities while promoting sustainable and inclusive growth.**

## FROM THE TEACHER-IN CHARGE

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**It gives me great joy to congratulate Ms. Debjani Mahanti for her dedicated efforts in building meaningful collaborations with NGOs, industries, and other colleges. Through her leadership, students have been engaged in diverse activities aligned with the United nations Sustainable Development Goals 2030.**

**I extend my heartfelt gratitude to our UBA Coordinator and NSS Coordinator, Dr. Subashree basu, for her commitment to reaching out to the six adopted villages, and to the entire NSS team of faculty members and students for their wholehearted involvement. Every student of our college undertakes 30 hours of community service, and this collective commitment is the strength of our mission.**

**A special note of appreciation goes to Ms. Rupanwita Das, a second-year student of the Education Department, for her initiative in compiling and presenting this e-magazine. We are deeply grateful to our well-wishers and benefactors, especially the Emami Foundation, our partner in mission, for extending support through CSR funding to serve the people in our adopted villages. Sincere thanks also go to our alumni for their continued encouragement in all our endeavors.**

**This e-magazine is a reflection of our journey of service, collaboration, and shared responsibility towards building a sustainable future.**



**DR. SR. A. NIRMALA  
TEACHER IN-CHARGE  
LORETO COLLEGE**

## PROGRAM OVERVIEW

### KALAGACHIA KAILASH KAMINI HIGH SCHOOL



As part of our outreach initiative, interactive sessions were conducted with students to encourage active learning and broaden their knowledge beyond textbooks. These sessions aimed at building confidence and nurturing curiosity among young learners.

Celebrated with enthusiasm, Van Mahotsav promoted the importance of tree plantation and environmental conservation. Members actively participated in planting saplings, spreading awareness about sustainable living, and strengthening the bond between people and nature.



### VAN MAHOTSAV

A blood donation camp was organized in collaboration with local healthcare authorities. With active participation from members and volunteers, the camp served as a testament to the spirit of giving and saving lives through this noble cause.



### BLOOD DONATION CAMP

On Women's Equality Day, discussions and activities were held to reflect on the progress made towards gender equality. The event emphasized women's empowerment, equal opportunities, and the importance of continuing the fight for equity in every sphere of life.



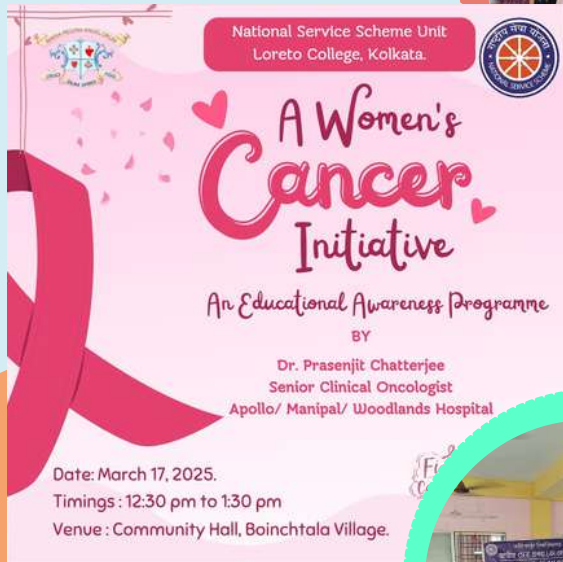
### WOMEN'S EQUALITY DAY

# WE RISE BY LIFTING OTHERS





## MARCH



The NSS Unit of Loreto College, Kolkata organised a Breast Cancer Awareness Program on March 17, 2025, at Boinchtala Community Hall, targeting women from low and middle-income groups. Conducted by Dr. Prasenjit Chatterjee, Senior Clinical Oncologist, the session focused on symptoms, early detection, self-examination, and risk factors of breast cancer, while also highlighting healthcare schemes like the Swasthya Sathi Card and free screenings at SSKM. Attended by 35 women, the interactive program helped dispel taboos around women's health and underscored the need for expanded outreach through screening camps and awareness drives.

## IMPACT

30 women participated in the program, they not only gained knowledge about Cancer, but also learned about the preventive measures for Breast Cancer. Additionally, they were made aware of various health skills.

On 12 April 2025, Loreto College, in collaboration with Ankur Kala NGO, conducted a skill development program for women to promote income generation through small-scale production. A follow-up session was held at Boinchtala on 3 May 2025, after which participants received certificates of training.

To encourage their skills, the NSS Unit of Loreto College organised a sale of handmade paper bags on 14 May 2025, where 67 bags were sold, raising ₹985. The initiative was enthusiastically supported by students and faculty, empowering village women and promoting eco-friendly practices.



3 GOOD HEALTH AND WELL-BEING



According to Sustainable development goals, Number 3, it covers the aspect of Good Health and Wellbeing. Thus it ensures a healthy life and promotes wellbeing for all

## MARCH

As part of its holistic approach to education, Loreto College offers students opportunities for experiential learning through structured engagement programs. The Internship Program requires students to complete 60 hours of active participation, enabling them to gain practical exposure and develop professional skills. In addition, the Community Outreach Program emphasizes social responsibility, where students dedicate 30 hours to meaningful community service activities, fostering empathy and civic awareness. Upon the successful completion of these programs, students are recognized for their contributions through the issuance of certificates, acknowledging both their professional training and their commitment to community development.



The community outreach initiatives of Loreto College are strengthened through collaborative activities with various NGOs, creating platforms for students to engage in socially relevant work. These partnerships are further formalized through linkages and MoU signings with different NGOs, ensuring sustained cooperation and impactful projects. Through these associations, the college also facilitates skill development programs, enabling students to acquire practical abilities while contributing meaningfully to society.



“

It's not how much we give,  
but how much love we put  
into giving.

Mother Teresa

Classy



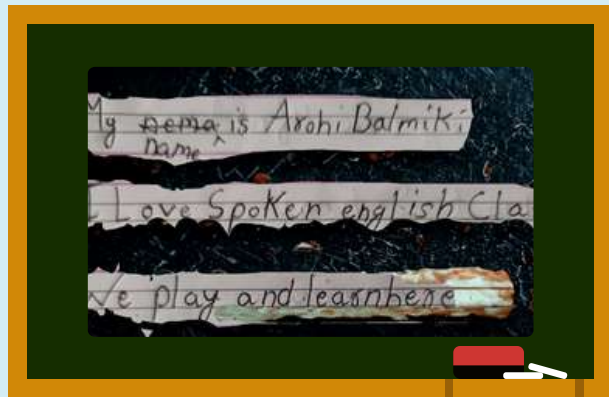


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4

QUALITY  
EDUCATION

According to Sustainable Development Goals, Number 4, it covers the Quality Education goal, ensuring inclusive and equitable quality of education and promoting lifelong learning opportunities for all.



The Bal Shiksha Sadan teaching program began on 5th April 2025 with B.Ed students of Loreto College. Students engage for 2 hours weekly with children, imparting education, life skills, spoken English, and art & craft. As part of this community engagement initiative, Loreto College also provides books, stationery, and other learning materials.

## IMPACT

30 children at Bal Shiksha Sadan are now learning English and have gained the ability to write, opening new doors of opportunity and growth.



On 12th April 2025, Loreto College, in collaboration with Ankur Kala NGO, conducted a one-day skill development training for women to promote income generation through small-scale production. Ankur Kala with their master trainer, provided training to the women for making paper bags of all sizes for daily use.

## IMPACT

The initiative empowered women to earn a sustainable income while mastering a new skill. Their dedication paid off with an order of 100 bags, enabling them to generate a substantial amount of revenue."

5

GENDER  
EQUALITY

According to Sustainable Development Goals, Number 5, it covers Gender Equality, ensuring to achievement of gender equality and empowering all women and girls.

The program consisted of a series of interactive and informative sessions. Participants engaged in hands-on experiences, reflected on their observations, and took part in discussions. The main focus of the discussion was the application of play therapy for children.



**Kolkata, West Bengal, India**  
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MAY



**A follow-up session was held on 3rd May at Boinchtala, where participants received certificates. To encourage their efforts, the NSS Unit organized a paper bag sale on 14th May, showcasing eco-friendly bags made by the trainees. A total of 67 bags were sold, raising Rs. 985 with enthusiastic support from students and professors.**

Loreto College offers students a unique opportunity to combine academic learning with real-world experience through its structured engagement programs. As part of the Internship Program, students dedicate 60 hours to hands-on training, gaining valuable skills that prepare them for future professional endeavors. Complementing this is the Community Outreach Program, where students commit 30 hours to meaningful service activities, fostering social responsibility and community awareness. Upon successful completion of the outreach engagement, students are awarded a certificate recognizing their contribution and commitment. This holistic approach not only equips students with practical knowledge but also instills in them a strong sense of civic duty and personal growth.

**12** RESPONSIBLE CONSUMPTION AND PRODUCTION

*According to the Sustainable Development Goals, Goal 12 covers goal of Responsible Consumption and Production.*

MAY



In the month of May, Loreto College actively carried out a series of community outreach activities under the UBA (Unnat Bharat Abhiyan) initiative. As part of the registration process, the college adopted **five villages—Sarsuna, Paschim Barisha, Sonamukhi, Shibrapur, and Sakharipota—**located in South 24 Parganas under Asuti II Gram Panchayat of the Thakurpukur Maheshtala Block. Engagements included meetings with the Pradhan and village heads, followed by survey visits to the villages for data collection and need assessment, laying the groundwork for the official UBA registration scheduled for July 2025.



8 DECENT WORK AND ECONOMIC GROWTH



According to Sustainable Development Goals, Number 8, this initiative covers Decent work and Economic Growth, thus promoting sustained, inclusive, and sustainable economic growth.

In addition, a sustainability-driven initiative was undertaken through the collection of paper bags from Boinchatala Village, which were then sold on campus, encouraging eco-friendly practices while supporting local communities.

“SOCIAL WORK TEACHES US THAT EVERY STORY MATTERS, AND EVERY VOICE DESERVES TO BE HEARD.”

[www.socialwork.com](http://www.socialwork.com)



JUNE



On International Yoga Day (June 21, 2025), the NSS Unit of Loreto College, Kolkata, in collaboration with Dibyayan Yoga and Research Centre, conducted a Yoga Workshop at Boinchtala Village. Led by Ms. Kajari Mitra, the session began at 1:30 PM with an introduction, followed by demonstrations of Tadasana, Bhujangasana, Vrikshasana, pranayams like Anulom-Vilom and Kapalbhaati, and relaxation exercises such as Shavasana.

Women and children of the village participated actively, with a special focus on women's health. The event promoted NSS's motto "Not Me But You", fostering cooperation between students and villagers. Trainers guided participants in correct practice, emphasizing Yoga's role in combating lifestyle diseases, stress, and anxiety.

The workshop concluded with a vote of thanks and light refreshments, reinforcing Yoga's importance in enhancing physical health, mental clarity, and emotional balance in daily life.



## IMPACT

Reached 20 women and 10 children with the support of 10 trainers, promoting health, awareness, and community well-being through Yoga.

3 GOOD HEALTH AND WELL-BEING



According to Sustainable development Goals, Number 3, it covers the aspect of Good Health and Wellbeing, thus ensuring a healthy lifestyle and promoting wellbeing for all.





## JUNE

On June 26, 2025, the NSS unit of Loreto College observed International Day Against Drug Abuse and Illicit Trafficking with an impactful awareness session. The resource person, Dr. Amarnath Mallik—psychiatrist and guest faculty at the Central Detective Training Institute—was joined by officers from the Shakespeare Sarani Police Station.

Dr. Mallik offered deep insights into the world of drugs, distinguishing between legal and illegal use, while stressing the need for strict regulation of medicinal drugs. Preferring the term “Drug Abuse” over “addiction” to reduce stigma, he unpacked the causes of abuse through the acronym D.R.U.G.S.—Depression, Recreation, Unstable personality, Genetic factors, and Social customs/taboo. He further highlighted a rising concern about this among students, urging young people to seek support, express their feelings, and turn to counselling when needed.

The session left students with greater awareness and a stronger resolve to fight substance abuse—both individually and as a community.



*Life Skill Training Program*

Loreto College Kolkata conducted a five-day training program with 47 teachers, counsellors, research scholars, and social workers. The seminar was in collaboration with the Indian Association of Life Skill Education, conducted by A.Radhakrishnan and Gavin Hardikar.

## IMPACT

The training gave us the idea to reflect on both strengths and weaknesses. It helped in creating self-awareness and helped to understand things better.

The Soroptimist International Calcutta, along with six volunteers from various departments, has been teaching spoken English online since the pandemic. The programme is still ongoing with 11 young ladies in virtual mode.

## JULY



On 3rd July 2025, Loreto College celebrated International Plastic Bag Free Day in collaboration with Hulladeck and Magpet. The highlight was an insightful talk by Ms. Anisha Pandey, who talked in detail about the many faces of plastics and their types, uses, and impacts. The event also witnessed the inauguration of the Smart Rebin, a step toward practical eco-action. With such initiatives, the college continues to inspire conscious, eco-friendly choices, paving the way for a cleaner, greener tomorrow.



13 CLIMATE ACTION



According to the Sustainable Development Goals, Goal 13 covers the Climate Action Goal. Thus, it is essential to take urgent action to combat climate change and its impacts.

## IMPACT

The event raised awareness among students and faculty about the harmful effects of plastic and encouraged sustainable habits. The introduction of the Smart Rebin provided a practical tool to manage waste responsibly, reinforcing the importance of individual action in protecting the environment. This initiative helps cultivate eco-conscious behavior and contributes to reducing plastic pollution on campus.

JULY



On 20th July 2025, the W.E. Nature Society, in collaboration with the Department of Economics, Loreto College, celebrated Van Mahotsav at Paschim Barisha, Kolkata, under the theme "Ek Ped Maa Ke Naam – A Step Towards a Greener Tomorrow." The initiative encouraged afforestation and active community participation. The drive began with saplings collected from Eden's Udayan Nursery, which were transported by student volunteers and faculty members to the plantation site. The plantation, held from 12:00 to 1:30 P.M., witnessed enthusiastic contributions from villagers and local representatives, reinforcing the spirit of collective responsibility towards nature.

The community's warm hospitality, with refreshments and a traditional meal, created a memorable bond between the college and the villagers, making the experience both enriching and joyful. The event concluded with the team returning to college, carrying the pride of contributing to a greener future.



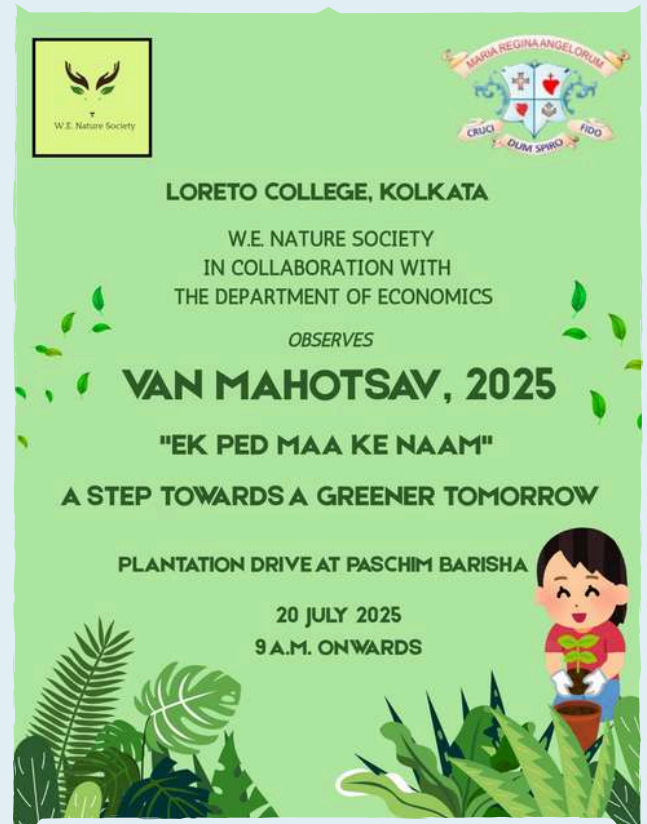
15 LIFE ON LAND



According to the Sustainable development goals, Goal 15 covers the aspect of Life on Land Goal, ensuring to protect, restore, and promote sustainable use of terrestrial ecosystems and manage deforestation and desertification.

IMPACT

Planting 250 saplings, such as sal, teak, mahogany, arjun, palash, mango, neem, and others, helped enhance the environment and fostered community bonds, encouraging a collective effort toward a greener, more sustainable future.



## AUGUST



On August 8, 2025, the NSS Unit of Loreto College hosted Mr. Harshvardhan Neotia the noted industrialist and philanthropist, for an interactive session with students. As part of the initiative, children from Boinchtala village were invited, reflecting NSS's ongoing outreach efforts.

The children were warmly received by volunteers, enjoyed lunch in the canteen, and later delighted the audience with song and dance performances in the Concert Hall. Their enthusiasm brought vibrancy to the afternoon and fostering meaningful exchange.

In his address, Mr. Neotia emphasized the power of education and inspiring everyone present with his message. The event highlighted NSS's mission of building bridges between communities and nurturing young aspirations.



দু'লিরে ধন্য করে। বাইশে শ্রাবণ অভিনব আয়োজনে রবি-স্মরণ করল কলকাতার লোরেটো কলেজের ইন্টারনাল কোয়ালিটি অ্যাশিওরেন্স সেল। রবীন্দ্রনাথ ঠাকুরের সুপরিচিত কবি ও দার্শনিক সন্তা উদযাপনের আয়োজ্য এলেও, তাঁর উদ্যোগ চেতনার দিকটি তুলনামূলক ভাবে কম আলোচিত হয়। লোরেটোর দু'দিনব্যাপী অনুষ্ঠানে উদযাপিত হয়েছে রবীন্দ্রনাথের এই উদ্যোগ ভাবনাই। প্রথম দিন ৭ অগস্ট আইকিউএসি প্রধান, অধ্যাপক অমৃতা দাশগুপ্তের পরিকল্পনা ও নির্দেশনায় কলেজের শিক্ষক ও শিক্ষার্থীরা মঞ্চস্থ করেন সাংস্কৃতিক নিবেদন 'ঋণ শোধ'। সেখানে কথায়, নাচে ও গানে উঠে আসে রবীন্দ্রনাথের গ্রামীণ অর্থনৈতিক দর্শন। দ্বিতীয় দিনের অনুষ্ঠানের সূচনা হয় কলেজের এনএসএস ইউনিটের দন্তক নেওয়া বৈধতলা গ্রামের শিশুদের সাংস্কৃতিক অনুষ্ঠানের মাধ্যমে। প্রথমার্ধে ছিল কলেজের উই নেচার সোসাইটির উদ্যোগে বৃক্ষরোপণ ও ইন্ডিয়ান নলেজ সিস্টেমস কমিটির পরিচালনায় দেওয়াল পত্রিকা 'ভারত তীর্থ'র উদ্বোধন। দ্বিতীয়ার্ধে ছিল বিশিষ্ট শিল্পপতি, পঙ্কজী হর্ষবর্ধন নেওড়িয়ার সঙ্গে রবীন্দ্রনাথের সৃজনশীল উদ্যোগ ভাবনা নিয়ে একটি বিশেষ সংলাপ অনুষ্ঠান। অধ্যাপক অনিন্দিতা বন্দ্যোপাধ্যায়ের নির্দেশনায় আয়োজিত এই অনুষ্ঠানে আলাপচারিতায় ছিলেন অধ্যাপক সুকন্যা দাশগুপ্ত, সঞ্চালনায় অধ্যাপক নীলাভ রায়। কলেজের সব ছাত্রীরাই এই সংলাপে অংশ নেওয়ার সুযোগ পান। সমগ্র আয়োজনটির অনুপ্রেরণায় ছিলেন টিচার ইন চার্জ সিস্টার এ নির্মলা — এই সময়

## AUGUST



On August 13, 2025, the Department of Education, Loreto College, visited Kalagachia Kailash Kamini High School, Joka, for a Community Outreach Initiative with Bhumi. Around 80-90 students from Classes IX-XII, along with Loreto students, attended a self-defence workshop by Mr. Amrit Bhattacharya, who addressed verbal and sexual abuse, cyberbullying, and adolescent development. The session demonstrated practical defence techniques, raised awareness about abuse, introduced tools like StopNCII.org, and helped boost students' confidence, self-esteem, self-control, and mental and physical health.

The National Service Scheme (NSS), popularly known as one of India's largest student-led movements, is a Central Government initiative driven by the inspiring motto "Not Me, But You." It encourages young minds to step forward, engage meaningfully, and dedicate themselves to the service of society. In line with this vision, an orientation program was organized on 22nd August for the Semester One students of Loreto College, led by the NSS Student Council Members, to introduce them to the values, objectives, and opportunities offered through NSS.



The NSS Unit of Loreto College organised a Cyber Security Awareness Session for first-year students on 21 August 2025 under the Deeksharambh Initiatives, in collaboration with Shakespeare Sarani Police Station and the Cyber Cell, South Division. Sergeant Suvankar Chakraborty, OC SOG and Cyber Cell, delivered a presentation on types of cybercrime, preventive safeguards, and steps to take if victimised. The session was interactive, with active student participation.



The PG Department of English, Semester 3, Loreto College, Kolkata, organised a community outreach program on August 30, 2025, at Paschim Barisha village, one of the many adopted by the college. In collaboration with Soroptimist International of Calcutta, the initiative marked International Women's Equality Day, aiming to strengthen ties with the community, spread festive cheer before Durga Puja, and promote health awareness.

The program began with an address by the Soroptimist spokesperson on the significance of women's equality and the first steps towards achieving equal rights. Students of Loreto College presented a short cultural program, including a speech, a song, and the recital of "Tomar Amar Din" by Dr. Sumita Bannerjee. This was followed by an informative talk on affordable, healthy diets for homemakers, delivered by Dr. Ruth from Poushtik Life. Sarees and food packets were then distributed among the village women, while students received certificates and refreshments, creating a spirit of joy and togetherness.



## IMPACT

These initiatives enhanced students' confidence, safety, and awareness through workshops on self-defence, cyber security, and gender equality. They also strengthened community bonds, promoting empathy, responsibility, and a more inclusive environment.

## HIGHLIGHTS

# Success Stories

## Skill Training to Livelihood: Women Empowered Through Paper Bag Making

Women from our adopted village, after receiving paper bag-making training through Ankur Kala, have successfully turned their skills into a means of livelihood. They began by producing and selling bags at a college event, which received an encouraging response. Motivated by the success, they soon secured an order of 100 paper bags from a partnering NGO, followed by another order of 150 paper bags. This initiative has not only created economic opportunities for these women but has also boosted their confidence and inspired them to pursue new skills, proving that empowerment begins with sustainable livelihood training.



“

**SOCIAL WORK  
IS THE COURAGE  
TO CARE WHEN  
IT'S HARDEST.”**



GPS Map Camera  
Presidency Division, West Bengal, India  
90054757, Berohala Dhang Kalyana West Bengal 700105





## LORETO COLLEGE

### NATIONAL YOUTH DAY



National Youth Day was observed on 11th January 2025 in collaboration with the Loreto College Alumnae Association. The celebration included games and fun activities for children from four shelter homes across the city, along with the distribution of lunch boxes and gifts sponsored by alumnae members, spreading joy and togetherness on the occasion.

### BLANKET COLLECTION AND DONATION DRIVE

A blanket collection and donation drive was organised in January 2025, beginning with contributions from students, teachers, and alumnae between 3rd and 10th January. As part of the National Youth Day celebrations, the initiative continued from 11th to 25th January, culminating in a special visit to the NGO Goonj, where participants actively engaged in the spirit of service and social responsibility.



### JOY OF GIVING



The Joy of Giving week was observed in December 2024 at St. Joseph Old Age Home with the participation of 20 volunteers. As part of the college fest Samagam, Socio Scope, an inter-college competition on social issues, was held on 4th December 2024 and was judged by Dr. Snehashis Sur.

### AWARENESS ON WASTE MANAGEMENT

In January 2025, SIC collaborated with LCK in creating awareness of waste management through storytelling, skit, quiz and educative games. The target beneficiary group were children between 10 to 15 years



# LORETO COLLEGE

## Loreto College Students Revamp Bhoot Galli with Art Initiative



Twelve students from the 1st and 3rd years of Loreto College, Kolkata, under the Art and Crafts Society and NSS, undertook an initiative to beautify the Bhoot Galli connecting Collin Street with Syed Ismail Lane. Guided by Debjani Mahanti (Coordinator of Social Work) and Subhasree Basu (NSS Program Officer), the students painted vibrant murals to transform the alley. The event, attended by local residents and dignitaries including Susmita Bhattacharya Chatterjee, Borough 7 Chairperson and Councillor of Ward 63, highlighted the power of art in community engagement. Supported by locals and facilitated by Dr. Sr. A. Nirmala, Teacher-in-Charge of Loreto College, the project stands as a testament to youth-led social change and cultural expression.



### Bhoot Gali Painting



Twelve students from the 1st and 3rd years of Loreto College, Kolkata, under the Art and Crafts Society and NSS, painted the Bhoot Galli connecting Collin Street with Syed Ismail Lane this morning. The initiative was conducted under the guidance of Debjani Mahanti, Coordinator of Social Work, and Subhasree Basu, Program Officer of NSS, along with Susmita Bhattacharya Chatterjee, Chairperson of Borough 7 and Councillor of Ward 63. The event took place in the presence of local residents, including Sabiha Islam and Pinki Begum, with the support of Abdul Quayum, Sk Alijaan, Atzal Lazarus, Gonpot, and others. This initiative was made possible through the efforts of Dr. Sr. A. Nirmala, Teacher-in-Charge of Loreto College, who organized the entire event.

# OUR PATNERS IN CHANGE

Celebrating the NGOs we proudly work with



## Voices of Change

The collaboration with Loreto College students on their community outreach endeavor was indeed a very satisfying one. The participants were given certificates, but the young ladies seemed genuinely concerned about the plight of the underprivileged. God Bless them!

Warm Regards,  
Team Soroptimist

Sangharsh Empowerment Foundation, is privileged to partner with Loreto College, Kolkata in our shared vision of uplifting communities. As we transitioned from Sangharsh to SWIS with a broader vision, our core goal remains the same – to make a meaningful difference and nurture more young changemakers. Working with your students and faculty has been truly inspiring, and their empathy, discipline, and commitment to social outreach reflects the values we believe in deeply.

Warm regards,  
Team SWIS (fka Sangharsh)



**We are deeply grateful to the Emami Foundation for their generous CSR support. Their partnership plays a vital role in helping us carry out our community initiatives, empowering lives, and creating meaningful, lasting impact. Together, we are working towards a better and more inclusive future.**

## Conference



**National Conference on Natal Family Violence**

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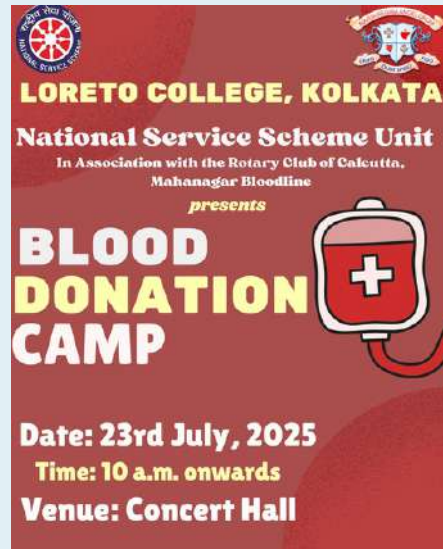
BREAKING THE SILENCE AROUND NATAL FAMILY VIOLENCE IS NOT JUST ABOUT TELLING STORIES, IT IS ABOUT RECLAIMING DIGNITY, JUSTICE, AND THE RIGHT TO BE SAFE IN THE VERY PLACE WE FIRST CALLED HOME.”

**The two-day national conference “Unveiling Silence: A National Conference on Natal Family Violence” held at Hotel Golden Tulip, Kolkata, created a much-needed space to talk about an issue often left unspoken—violence faced by women within their natal families. The event also marked the launch of Swayam’s important study “The Natal Family: A Neglected Site of Domestic Violence Against Women – An Exploratory Study.”**

**Representatives from organizations such as VSSW, Equidiversity Foundation, Shakti Shalini, SNEHA, Anjali Mental Health Rights Organisation, and Sappho for Equality came together to share stories, experiences, and perspectives from the ground. What emerged was not just knowledge, but a collective strength—an understanding that breaking the silence around such violence is the first step towards change. It was a deeply meaningful experience of learning, solidarity, and hope for a more supportive future for women.**

# BLOOD DONATION CAMP

*Saving Lives one drop at a time*



On 23rd July 2025, the National Service Scheme (NSS) Unit of Loreto College, together with the Rotary Club of Calcutta and Mahanagar Bloodline, held a successful Blood Donation Camp in the Delphine Hart Hall of Loreto House. The skilled medical team led by Mr. M.R. Laskar, along with Dr. Amrita Arjya, Dr. Soham Dutta, Dr. Subhajit Kolay, and Mr. Indranil Pal made sure that the whole process was seamless and effective. A total of 20 donors participated voluntarily. Each person went through preliminary health checks before donating blood. The camp was a great success, raising awareness about the need for blood donation and showing the NSS unit's dedication to community service.

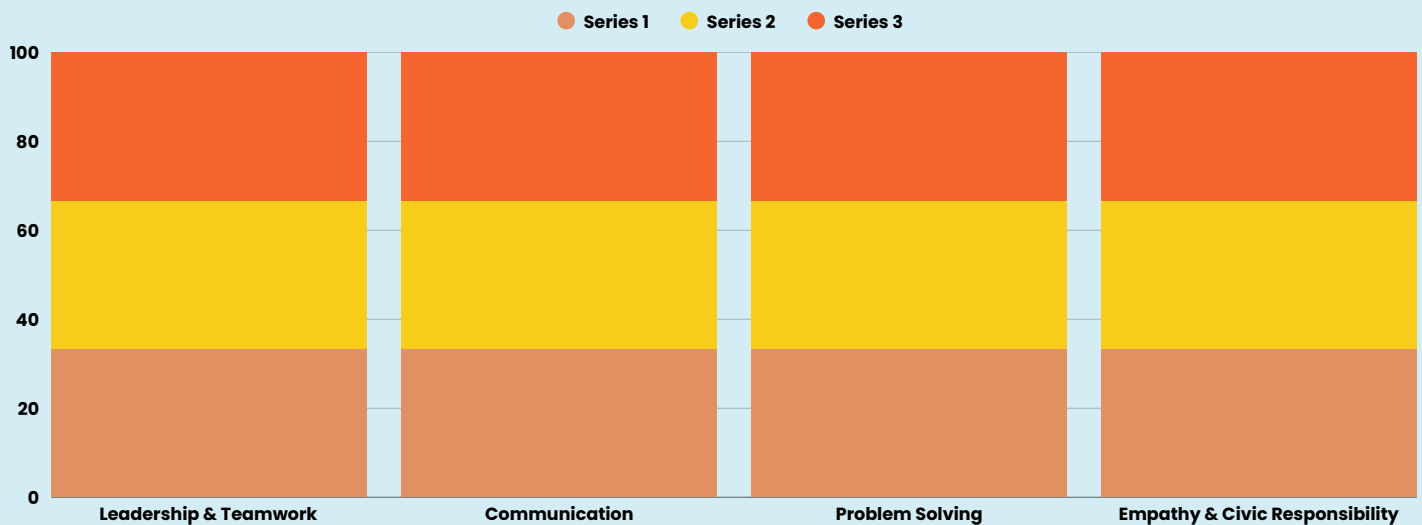


## Community Out-Reach Program

# Students Making a Difference: 30 Hours of Community Service and Growth

Each student dedicates 30 hours volunteering with local organizations and NGOs, including homeless shelters, environmental conservation groups, food banks, and youth mentorship programs.

This hands-on involvement creates meaningful connections between classroom theory and real-world impact, helping address pressing community needs while fostering a deep-rooted spirit of service and civic engagement.



Few of the organisations, our students have worked at

# Women's Cell

**The Women and Gender Development Cell of Loreto College is dedicated to empowering women and promoting gender equality. For over 20 years, Loreto has pioneered the education of young women from weaker sections—beginning with basic language skills and now enabling them to appear for Secondary and Senior Secondary Board Examinations through the National Institute of Open Schooling (NIOS). Many go on to earn B.A. degrees from Loreto College and achieve economic independence as teachers, shop assistants, or entrepreneurs. The Cell also organizes workshops, seminars, awareness campaigns, and counselling sessions, fostering confidence, leadership, discipline, and responsibility among students while providing personal and professional support.**

## Contribution to NAAC Criteria

A pink sticker with the words 'GENDER' and 'EQUALITY' in white capital letters, tilted slightly to the right.

GENDER

EQUALITY

- **Enhances curricular aspects through integration of gender studies.**
- **Promotes gender-sensitive teaching-learning practices.**
- **Supports holistic development by building self-confidence and leadership.**
- **Engages in community outreach to address gender issues, upholding institutional values of inclusivity and respect.**



# Upcoming Events

# SEPTEMBER

# 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**01-07**

MON – FRI

## National Nutrition Week

**08**

MON

## International Literacy Day

**10**

WED

## World Suicide Prevention Day

# Upcoming Events

# OCTOBER

# 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**10**

WED

World Mental Health Day

**11**

THU

International Girl Child Day

**13**

SAT

Breast Cancer Awareness Day

**16**

TUE

Breast Cancer Awareness Day

**17**

WED

International Day for Eradication of Poverty

**31**

WED

National Unity Day

# Upcoming Events

# NOVEMBER

# 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**11**  
THU

International Day of Girl  
Child

**26**  
FRI

Constitution Day

**28**  
SUN

Thanksgiving Day

# Upcoming Events

# DECEMBER

# 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**01**  
MON

World Aids Day

**02**  
TUE

National Pollution Control  
Day

**10**  
WED

Human Rights Day



# SUSTAINABLE DEVELOPMENT GOALS



## From Programme Officer

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**A message from Dr. Subhasree Basu, Programme Officer, N.S.S. Unit, Loreto College.**

**"St. John says you are a liar if you say you love God and you don't love your neighbour. How can you love God whom you do not see, if you do not love your neighbour whom you see, whom you touch, with whom you live."  
Mother Teresa, "Nobel Lecture"**

**It is perhaps one of the greatest ironies of our times that with globalization and other technological advancements the world has become smaller and well connected but human society has grown more self-centred and insulated. What can be a greater malady for human society than this self-absorption and indifference?**

**The Community Engagement and Outreach wing of Loreto College encourages students to go beyond their circumscribed boundaries and form human connections with the various stratas of the society. While the marginalised and underprivileged sections benefit from the sharing of time and resources, the students also become more sensitive towards the grassroot problems and learn to address them. While the college has always been committed to social service and outreach, there has been a huge expansion in the community related initiatives undertaken by the college in the last couple of years.**

**The maiden issue of the newsletter, Sampark, is a testimony to the hardwork and dedication with which the various activities and projects have been initiated and executed so far. The publication of Sampark is a major milestone in the journey of the college and I especially congratulate Ms. Debjani Mahanti, our Social Work Coordinator, for her diligence and sincerity in making this possible. The entire team is deeply grateful to Dr. Sr. A. Nirmala, our Teacher-in-charge for her unwavering support, guidance and encouragement.**

**May we continue to grow from strength to strength in the path of service and selflessness.**



**Dr. Subhashree Basu  
Department of English /  
Programme Officer, N.S.S Unit/  
UBA Coordinator**

**From Our Social Worker**

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**At the end of the day, it's not about what you have or what you have accomplished; it's about who you have lifted, who you have made better. It's about what you have given back."**

**~Denzel Washington**

**We all have some different kinds of problems and burdens, but the beauty of helping others and empowering is what makes a difference. At the end of the day, our service brings us satisfaction**



**Ms. Debjani Mahanti**  
**Service learning coordinator/  
Social work coordinator**

# ACKNOWLEDGEMENT

**I would like to express my gratitude to Dr.Sr.A.Nirmala, Teacher-In-Charge, for her valuable and helpful recommendations during the planning stage and analysis of the magazine.**

**I would like to thank the entire NSS team and the college's teaching and non-teaching staff for their immense support. A special thanks to Rupanwita Das ( Education Department, 2<sup>nd</sup> Year) for her hard work and dedication in preparing the community outreach magazine.**

**- Ms. Debjani Mahanti  
Service learning coordinator/ Social work coordinator**

